

Resources in Lake County, IL

DISCLAIMER: THIS IS NOT A COMPREHENSIVE OR PROFESSIONALLY MADE LIST. PLEASE ALWAYS CONTACT ORGANIZATIONS/RESOURCES TO CONFIRM INFORMATION HAS NOT CHANGED & FOR NECESSARY QUALIFICATIONS.

Township And Other Municipal Services Typically Require Proof Of Residence

Services are not warranted, endorsed or guaranteed available by Neighbor to Neighbor Lake County IL or any contributor

Send corrections or information on additional resources to NeighborToNeighborLakeCountyIL@pm.me

***** 211 Illinois / Lake County # (855) 677-5253 / For any other resources/information in your area: <https://211illinois.org/> *****

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MUTLIPL SERVICE PROVIDERS

The Hope Center

- 23213 W Miller Road, Lake Zurich, IL 60047, 847-719-7909 for English, 224-633-3877 Espanol
- <https://www.thehopecenter.com>
- Offers multiple services including clothing, food, a twice a month health clinic, low cost legal aid, a support group for formerly incarcerated individuals, assistance with home repairs, assistance for seniors and single moms, job search support, and English classes.

Catholic Charities

- Two Lake County locations: 101 N Cedar Lake Rd, Round Lake, IL 60073, (847) 546-5733 and 671 S Lewis Ave, Waukegan, IL 60085, (847) 782-4000
- catholiccharities.net
- Provides multiple services including: **Immediate Access and Basic Needs:** Homelessness Prevention, Food and Basic Needs, Crisis Assistance, **Mothers and Families:** Family Support, WIC Nutrition and Grocery Stores, Domestic Violence Support, Behavioral Health Programs, Immigrant Services, **Housing and Seniors:** Affordable Housing, Senior Care, Senior Centers

Our Shining Stars Foundation

- sistarlcole@gmail.com
- 224-455-9116
- Serving seniors, children, teens and foster kids with food, toys and school supplies. Holiday food and toy drives.

Casa D Boyd

- To inquire about services, join the Facebook group, <https://www.facebook.com/share/g/1AGP1WFz56/>
- Provides clothing, food, shoes, furniture, and vital resources, and when we can't meet a need directly, we connect families with trusted community partners who can. Prepares and distributes treat bags for Halloween and food baskets for the winter holidays.

Township Offices

- Townships offer multiple services, find your township here to inquire about available resources: [Civil Townships – shown on Google Maps](#) - enter your address into the search bar and then look at the blue pin just above the left side of the search bar to find your township. You will then need to use a search engine to find your Township website, address and phone number.

US Congressperson

- Your US House Representative's office can assist with a variety of federal issues. Lake County is home to 4 different Congressional districts.
- Find your US House Rep here by entering your zip code: [Find Your Representative | house.gov](#)
- Some Representatives may have neighborhood office hours. Assistance with federal programs such as Social Security, Medicare, Disability, benefits for veterans, and immigration issues are typically available.

State Senators and Representatives

- You also have a State Senator and a State Representative. Each will have a local office in your district and they typically assist with state programs and finding resources.
- Find your state elected officials here by entering your address into the search bar: [SBE District Locator](#) / After entering your address, scroll to the bottom of the results (on the right hand side of the screen) and click on the black globe icon to get the contact information.
- Office hours vary so you may need to call a few times to reach a live person.

FOOD and NECESSITIES PANTRIES

FIND THE FOOD PANTRIES NEAREST YOU, after clicking on the link, click on Illinois and then enter your address. Always call ahead to each pantry to ask about hours and eligibility. <https://www.foodpantries.org/>

OR by clicking here: Northern IL. Food Bank website: [https://solvehungertoday.org/get-groceries-resources/#googtrans\(en|en\)](https://solvehungertoday.org/get-groceries-resources/#googtrans(en|en))

Northern IL. Food Bank- Mobile Food Banks

- <https://solvehungertoday.org/get-groceries-resources/#mm>
- Check Facebook page/website for pop-up mobile food bank announcements)
- No known requirements
- Includes My Pantry Express, an **online food pantry** developed and operated by Northern Illinois Food Bank in collaboration with community partners. Individuals interested in shopping with My Pantry Express can visit the website at [My Pantry Express - Northern Illinois Food Bank](#) to place an online grocery order **for pick up or delivery** (delivery has a limited service area, check the website) **at no charge**

SNAP (Supplemental Nutrition Assistance Program)

- Apply using this website: <https://abe.illinois.gov/access/>
- Provides monthly food assistance (LINK card), you can also simultaneously apply for Medicaid (state health insurance)/Medicare (federal health insurance), TANF (Temporary Assistance for Needy Families) /

Women, Infant, & Children (WIC) Program

- Find local WIC near you, call to apply: <https://www.fns.usda.gov/wic>
- Provides monthly food, formula, breast lactation consultants, nutrition education, assists low-income pregnant, breastfeeding, & non-breastfeeding postpartum women & children up to 5 years old

Salvation Army- Paper Pantry

- <https://centralusa.salvationarmy.org/waukegan/>
- (847) 336-1880
- 850 S. Green Bay Rd., Waukegan, IL.
- 1st Fri. of every month @9am-12pm
- Sign-up is posted toward the end of every month for the incoming month on their Facebook page
- Provides free hygiene products, vitamins, food, & other items as available

PLEASE **CALL** THE FOOD PANTRIES LISTED BELOW **BEFORE YOUR VISIT** TO CONFIRM DAYS/TIMES OF OPERATION AND NECESSARY DOCUMENTS YOU MAY NEED TO BRING WITH YOU.

ANTIOCH

Open Arms Mission (Pantry)

- <https://www.openarmsmission.org/>
- 847-395-0309
- 1548 S. Main Street Antioch, IL 6002
- Tuesday, Wednesday & Thursday: 4:30 PM – 6:30 PM
- **Antioch & Lake Villa residents only and must meet income requirements.**
- Provides food, diapers, wipes, hygiene products, toilet paper, etc. as available

CrossView Church - Bread of Life

- <https://www.crossviewonline.org/events/event/163/bread-of-life-share-center/2022-05-31>
- (847) 395-4117
- 750 Highview D., Antioch, IL 60002
- Open Fri. @4:30-6pm & Sat. @9-11am
- Known Requirements: **Must be resident of Antioch**

GRAYSLAKE

Community CARE Center of The Chapel (Pantry) / Chapel Care

- [The Chapel Care Center at The Chapel Grayslake - The Chapel](#)
- 25270 W Hwy 60, Grayslake, IL 60030, 847-201-2777
- Open Wednesday and Saturday from 10 am until 1 pm, please bring a photo ID and current utility bill to your first visit.

Grace To Share (Pantry)

- 888 Belvidere Road Unit 401 Grayslake IL 60030
- 847-387-2952
- Friday: 12:30 PM- 3:30 PM Semi-Monthly (1st and 3rd week)

Lord of Glory Food Pantry (Pantry)

- 607 W. Belvidere Road Grayslake IL 60030 / 847-548-5673
- Tuesday: 7:00 PM- 8:00:00 PM Weekly
- Thursday: 12:30 PM- 2:30 PM Weekly
- Saturday: 10:00 AM-12:00 PM

Wildwood Presbyterian Church

- 18630 West Old Gages Lake Road Grayslake IL 60030
- 847-223-0073
- Monday – Friday 9:00am – 3:00pm
- 2nd Saturday of the month 8:00am – 10:00am

GURNEE

ASSISI Homes Of Gurnee (Pantry)

- 3495 W. Grand Avenue Gurnee IL 60031
- 847-336-4428
- Friday: 12:00 PM- 1:30 PM Semi-monthly
- 2nd week of the month is senior box delivery / 4th week of the month is pantry

Warren Township (Pantry)

- 17801 W. Washington Street Gurnee IL 60031
- 847-244-1101 x 101
- Monday – Friday: 9:00 AM- 5:00 PM Weekly

INDIAN CREEK

SMV Sharing Hands Food Pantry (Pantry)

- 236 U.S. Highway 45 Indian Creek IL 60061
- 847-362-1005
- Tuesday: 6:30 PM- 8:00 PM Weekly
- Saturday: 9:00 AM-11:00 AM Weekly

INGLESIDE

Grant Township Food Pantry (Pantry)

- 26725 W. Molidor Road Ingleside IL 60041
- 847-740-2233
- Monday – Friday: 8:30 AM- 4:00 PM Weekly

St. Vincent De Paul @ St. Bede Soup Kitchen (Soup Kitchen)

- 36455 N Wilson Road Ingleside IL 60041
- 847-587-2251
- Monday – Friday: 9:00 AM- 4:00 PM Weekly
- Sunday: 4:00 PM- 5:30 PM Monthly 3rd week

ISLAND LAKE

Faith Acres Foundation Food Pantry (Pantry)

- 225 East State Rd Unit H Island Lake IL 60042
- 815-669-0188
- Friday: 11:00 AM- 3:00 PM Semi-Monthly / 1st and 3rd week (By Appointment Only)

LAKE BLUFF

Phoenix Rising Foundation @ Shields Township Office

- 906 Muir Avenue Lake Bluff IL 60044
- 847-579-9739
- Appointment only-call, hours vary

LAKE VILLA

Lake Villa Township Food Pantry (Pantry)

- 37908 N. Fairfield Road Lake Villa IL 60046
- 847-356-2116
- Monday -Thursday 7:00 AM - 3:00 PM

Luke 3:11 Share Center

- 37510 North Fairfield Road Lake Villa IL 60046
- 224-338-LUKE
- 1st & 3rd Monday: 6:30 PM – 8:00 PM
- 2nd & 4th Tuesday: 1:00 PM – 3:00 PM
- 2nd & 4th Friday: 3:30 PM - 5:30 PM

Rahmah Interfaith Church

- 134 W. Monaville Rd., Lake Villa, IL. 60046
- (773) 501-4479
- Open Sat. @12pm for non-church going members / Includes Gluten Free, Ground or Pureed, Halal, Kosher, Vegan, Vegetarian food items

LAKE ZURICH

The Hope Collective

- 23153 W. Miller Road Lake Zurich IL 60047
- 847-540-8280
- Saturday: 9:00 AM - 12:00 PM
- Doors open at 8 am. Shopping starts at 9 am. Bring ID, everyone gets a number and you shop when your number is called. Pet food and feminine hygiene products available alongside shelf stable and fresh foods. Diapers are distributed the 4th Saturday of every month with pre-registration. Register here: <https://thehopecollective.churchcenter.com/people/forms/436900>

LIBERTYVILLE

First Presbyterian Church (Mobile Pantry)

- 219 W. Maple Avenue Libertyville IL 60048
- 847-362-2174
- Third Saturday of the month 8:00 AM-9:15 AM
- Cars will pull into Brainard Parking lot across from church on Douglas St. in Libertyville and check in.

HOPE Food Distribution Services

- 125 W. Church St. Libertyville IL 60048
- 847-362-2110
- 2nd and 4th Saturday: 8:00 a.m. - 10:00 am

Libertyville Township Pantry (Pantry)

- 359 Merrill Court Libertyville IL 60048
- 847-816-5989
- Tuesday: 10:00 AM- 3:00 PM Weekly

St. Joseph's Church

- 112 N. Milwaukee Avenue Libertyville IL 60048
- 847-362-2073
- Monday: 11:30 AM - 1:30 PM
- Thursday: 11:30 AM - 1:30 PM

St. Lawrence Episcopal Church Community Meal (Soup Kitchen)

- 125 W Church Street Libertyville IL 60048
- 847-662-7084
- Saturday: 8:00 AM-11:00 AM Monthly - every 3rd Saturday

MUNDELEIN

Calvary Community Care Food Pantry (Pantry)

- 1221 W. Maple Avenue c/o Gracepointe Church Mundelein IL
- 847-566-6650
- Saturday: 8:30 AM-10:30 AM Monthly / 2nd week of the month

Santa Maria Del Popolo – SVDPS (Pantry)

- 116 N. Lake Street Mundelein IL 60060
- 847-949-8300
- Tuesday: 9:00 AM - 10:30 AM
- Thursday: 5:00 PM - 6:00 PM
- Saturday: 10:30 AM - 12:00 PM
- Also available anytime there is an emergency.

NORTH CHICAGO

Mount Sinai Baptist Church Food Pantry (Pantry)

- 2401 Argonne Drive North Chicago IL 60064
- 847-689-4422
- Tuesday: 12:00 PM- 2:00 PM Weekly

ROUND LAKE AREA

Avon Cares Food Pantry (Pantry)

- www.Avoncares.net
- 319 Nippersink Rd. Round Lake, IL. 60073
- (847) 546-1446
- Monday, Wednesday, Friday 9 am to 12:45 pm

Avon Township Food Pantry

- <https://www.avonil.us/>
- 433 E Washington St Round Lake Park, IL 60073
- 847-546-1446
- Wednesdays and Fridays 9am to noon
- Also participates in pop up drive through pantries. The Community Action Partnership Pop-Up Food Pantry is a **no-questions-asked**, drive-thru pantry held at Avon Township on the **first and third Saturday of each month, from 9 am until supplies run out**. Residents can stay in their cars while receiving fresh food and essential items, thanks to Community Action Partnership of Lake County bringing this vital service directly to our community.

P.L.A.N. (Pantry)

- 1892 Nicole Lane Round Lake Beach IL 60073
- 847-302-9904
- Monday & Thursday: 1:00 PM- 4:00 PM
- Tuesday, Wednesday & Friday: 11:00 AM- 3:00PM

Wilderness Food Panty

- 1631 Cherokee Round Lake Beach IL
- Open to all regardless of residence, no ID required. Open various Saturdays.
- Six stairs to go down, no wagons allowed.
- Check their Facebook page for pantry dates and times.
<https://www.facebook.com/share/g/1AGh8at64t/>

WINTHROP HARBOR

The Giving Point at North Point Church (Pantry)

- 900 Lewis Avenue Winthrop Harbor, IL 60096
- 847-746-5524
- Mondays: 1:30 PM – 6:00 PM

ZION

Christian Assembly of God (Pantry & Soup Kitchen)

- Zion, Beach Park, Winthrop Harbor & Wadsworth
2929 Bethel Blvd. Zion, IL 60099
- 847-872-3541
- Wednesday: 10:00 AM – 1:00 PM Lunch is available until 12:30

UTILITIES

ComEd

- <https://www.comed.com/my-account/customer-support/payment-assistance/low-income-discount-program>
- <https://www.comed.com/my-account/customer-support/payment-assistance> for other forms of payment assistance
- (800) 334-7661
- Aids low-income families with home energy bills (heating & cooling) through a number of programs

LIHEAP (Low-Income Home Energy Assistance Program)

- Your local township, or Community Action Partnership of Lake County (847) 249-4330, <https://www.caplakecounty.org/>, will assist you in applying for LIHEAP / <https://www.liheap.org/>
- liheapweb@gmail.com
- Provides assistance for low-income families struggling to pay for home energy bills (heating & cooling), crisis assistance (e.g., shut-off notice), & weatherization sometimes /

Comcast- Xfinity

- <https://www.xfinity.com/support/articles/comcast-broadband-opportunity-program>
- (855) 846-8376
- Provides reduced rate internet through bundles called Internet Essentials, or Internet Essentials Plus, as well as low-cost computers for customers enrolled in Internet Essentials
- Call, or apply on website

ANIMALS

Our House of Hope- Pet Food Pantry

- 1840 Industrial Dr., Suite 340, Libertyville, IL.
- (773) 552-4673
- Open Sat. @9am-12pm
- Known Requirements: Must be a resident of Lake County, IL., up-to-date rabies & spay/neuter records (gives time to obtain vaccines/records after 1st visit)

Red Rover Relief

- <https://redrover.org/relief/>
- Provides emergency veterinary assistance, housing assistance for survivors of domestic violence, & emergency animal sheltering /

The Pet Fund

- <https://www.thepetfund.com/>
- Provides financial assistance for basic, non-urgent veterinary care
- Apply on website

Waggle

- <https://www.waggle.org/>
- Crowdfunding platform for financial assistance with essential veterinary treatment /

Brown Dog Foundation

- <https://www.browndogfoundation.org/>
- Provides financial assistance for veterinary treatment, does NOT assist w/reimbursement of veterinary service costs
- Apply on website

Frankie's Friends

- <https://www.frankiesfriends.org/>
- Provides life-saving emergency, life-enhancing, or specialty veterinary assistance, does NOT assist w/reimbursement of veterinary service costs
- Apply on website

Live Like Roo

- <https://www.livelikeroo.org/>
- The Live Like Roo Foundation provides financial assistance to help cover healthcare costs related to cancer treatment in the form of grants that are awarded on a monthly basis after a complete review of this application and the relevant medical records.
- Apply on website

Lake County Health Department

- <https://www.lakecountyil.gov/152/Animal-Care-Control>
- 18736 W. Peterson Rd., Libertyville, IL. 60048
- Call to make appointment: (847) 377-8855
- Open Mon.-Thurs. @8am-5pm, Fri. @8am-4:30pm
- Provides low-cost vaccines & spay/neuter

Paws for a Cause

- <https://pcvetcare.org/>
- 1620 Bond St. Naperville, IL. 60563
- (630) 961-8000
- Open Mon.-Fri. @8am-5pm
- Serves all IL. residents through providing low-cost spay & neuter, as well as general wellness services/

CLOTHING, FURNITURE AND HOUSEHOLD ITEMS

Antioch Traveling Closet

- <https://antiochtravelingcloset.org/>
- 311 W. Depot St., Antioch, IL. 60002
- Check Facebook & website for posted dates & times
- Known Requirements: Must be resident of participating towns labeled on announcements (find on Facebook or their website) & have valid ID (does NOT accept any other documents for proof of residency)
- Provides clothing, toilet paper, diapers, hygiene products, & other items as available, occasionally has free hairstylists on-site /

The New Hope Community Closet

- <https://www.newhoperoundlake.com/>
- 1020 W. Rollins Rd., Round Lake Beach, IL. 60073
- (224) 325-4673
- Check Facebook & website for posted dates & times
- Provides clothing, diapers, wipes, hygiene products, toys, & other items as available

St. Vincent De Paul Kenosha Thrift Store

- Facebook page: St. Vincent De Paul Thrift Store – Kenosha
- 7531 30th Ave. Kenosha, WI. 53142
- (262) 764-1985 / Open Mon.-Sat. @9am-7pm
- Provides low-cost home goods, furniture, clothing, & other items

God's Will Resale

- <https://www.godswillresaleshop.com/> 500 Depot St. Antioch, IL 60002
- (224) 312-4475
- Open Wed.-Fri. @9am-5pm, Sat. @9am-2pm
- Provides low-cost home goods, books, furniture, clothing, & other items

The Village Thrift Store

- <https://thevillagethriftshopantioch.com/>
- 910 Main St. Antioch, IL. 60002
- (847) 395-5002
- Open Sun.-Sat. @10am-5pm
- Provides low-cost clothing, books, DVDs, & other items

Avon Township

- <https://www.avonil.us>
- 433 E Washington St. Round Lake Park, IL 60073
- 847-546-9409 Open Mon-Fri 8:30 am – 4 pm
- Has a small collection of clothing, call to check for requirements

Loved Twice Thrift Boutique of Love, Inc.

- <https://loveinclakecounty.org/loved-twice/>
- [224-637-8211](tel:224-637-8211)
- Email - lovedtwice@loveinclakecounty.org
- 3621 Grand Avenue, Gurnee IL 60031
- Wednesday through Friday 10am – 6pm
Saturday 10am – 4pm
- Find ‘new-to-you’ items that have been organized and presented with love. We offer men/women/kids clothing, furniture and household items, home decor, and more! Our donations are plentiful, so plan to visit us weekly for more deals. All proceeds support the ministries of Love INC of Lake County’s partner churches.

Home of the Sparrow/Sparrow’s Nest Thrift Stores

- <https://hosparrow.org/thrift-stores/>
- Lake County stores in Third Lake, Mundelein and Palatine – check website for addresses
- Mon – Fri 10 am to 6 pm, Sat 10 am to 5 pm
- Home of the Sparrow’s thrift stores are to support the mission of Home of the Sparrow. Net proceeds from the seven thrift stores go back into Home of the Sparrow’s programs and services that help women and children as they journey from homelessness to self-sufficiency.

Goodwill

- <https://www.goodwill.org/locator/>
- Multiple Lake Conty locations

Salvation Army

- <https://satruck.org/ThriftStore>
- Multiple Lake County locations

Lake County Thrift Store Directory

- <https://www.thrift-stores.org/thrift-shops-in-lake-county-il/>

FAMILIES

Breastfeeding USA

- <https://breastfeedingusa.org/>
- (612) 293-6622
- Provides free breastfeeding counselors, resources/information, & support groups on Facebook & in-person

Kids Above All

- <https://www.kidsaboveall.org/>
- Admin. Office- 8765 W. Higgins Rd., Suite 450, Chicago, IL. 60631
- (773) 693-0300
- Provides in-home doula services, Early Childhood Education (monthly in-home visitations) for children up to 3 years old, childcare, & income-based trauma-informed counseling for family members involved in services (via zoom or in-person)
- Known requirements: Lake County resident, employed (income verification required), monthly income at or below 185% of federal poverty level, attending school & maintaining 2.5 GPA (school records must be provided)
- Call to apply

Mother's Milk Bank

- <https://www.milkbankwgl.org/>
- 560 Bonnie Ln., Elk Grove Village, IL. 60007
- (847) 262-5134
- Provides donated breastmilk & has a charity program based on financial need, clinical need, available supply of donor milk, or any other relevant factors for individuals whose insurance does not cover breastmilk
- Apply on website

Mother's Trust Foundation

- <https://motherstrustfoundation.org/>
- (847) 482-9189
- 400 E. Illinois Rd., Lake Forest, IL 60045
- Email - motherstrust@motherstrustfoundation.org
- Provides financial assistance
- Apply through your local township or case manager,

Keeping Families Covered

- <https://keepingfamiliescovered.org/places/waukegan/>
- 412 S Lewis Ave Waukegan, IL 60085
- (224) 637-1644
- Provides diapers, period supplies, & incontinence products
- Also has mobile pantry days
- Apply on website

Aeroflow Breastpumps

- <https://aeroflowbreastpumps.com/>
- (844) 867-9890
- Provides free breast pump(s), replacement parts, & breastmilk bags through qualifying insurances
- Apply on website

Dolly Parton's Imagination Library

- <https://imaginationlibrary.com/>
- (865) 428-9606
- Provides free books to children in participating locations
- Apply on website

YMCA

- <https://www.ymca.org/>
- Provides memberships at discounted rates based on income
- Call your local YMCA to apply

United Way of Lake County, Inc.

- <https://uwlakeco.org/>
- (847) 775-1000
- 330 S. Greenleaf St., Gurnee, IL. 60031
- Provides youth & community services

One Hope United

- <https://onehopeunited.org/>
- (312) 922-6733
- 333 S. Wabash Ave., Suite 2750, Chicago, IL. 60604
- Provides childcare, foster care/adoption, family & youth support, mental health services, residential care, & crisis response services

Head Start

- <https://www.lakecountyschools.net/thecenter/head-start/>
- <https://www.caplakecounty.org/files/128738085.pdf>
- Federal program that promotes the school readiness of children ages birth-five years from low-income families by enhancing their cognitive, social, & emotional development

Family First Center of Lake County <https://familyfirstcenter.org/>

- (224) 421-0948
- Email - info@familyfirstcenter.org
- 2504 Washington St., Suite 603, Waukegan, IL. 60085
- Provides following programs: Unity in the Community, mental health services, case management, youth programming, field trips, community health workers, Seniors on the Move, Toys for Tots, & behavioral health clinic

Prairie Crossing Charter School

- <https://prairiecrossingcharterschool.org/>
- (847) 543-9722
- 1531 Jones Point Rd., Grayslake, IL. 60030
- Provides annual back-to-school backpack & school supplies giveaway
- No registration required, open to all Lake County families

Planned Parenthood

- <https://www.plannedparenthood.org/health-center/illinois/waukegan>
- (847) 672-2237
- 1601 N. Lewis Ave., Waukegan, IL. 60085
- Provides 1-year supply of free birth control (one-time service), as well as many other sex & pregnancy related services

USDA- National School Lunch Program

- <https://www.fns.usda.gov/nslp>
- Provides free school lunches for kids
- Contact local school/district to fill out school meal application

MEDICAL, DENTAL and DISABILITY

Community Care Connection, Rosalind Franklin Health Clinics

- <https://www.rfuclinics.com/>
- (847) 578-8670
- 3471 N. Green Bay Rd. North Chicago, IL. 60064
- Provides health services at low, to no cost, such as free point-of-care testing (acute care visit + rapid testing as needed for: flu, strep throat, COVID, & UTI)

Aid for Women of Northern Lake County

- <https://www.aidforwomenlakecounty.org/>
- (847) 249-2700
- 4606 Old Grand Ave., Gurnee, IL. 60031
- Provides free & confidential services to mothers & fathers including consultations, pregnancy test (same day results), verification of pregnancy results, referrals for prenatal care, names of adoption agencies, & maternity, baby items, clothing, equipment, formula, diapers, & support

Lake County Health Department

- [Health Services | Lake County, IL](#)
- 847-377-8800
- Multiple locations
- Provides medical and dental services to Lake County adults and children.
- For medical: third party billing for Medicaid, Medicare or insurance is available.
- Clients may request an application for a sliding fee scale.
- Clients with managed care insurance will need to verify the hospital that is associated with their plan.
- **No one is denied services due to inability to pay.**
- For dental, Medicaid and managed care as well as some commercial insurance accepted. Does not accept HMO's or DMO's. Uninsured patients may apply for reduced fees for services based on their income. Services are not provided for free. Dental services covered by Medicaid are dependent upon your plan. Specific details may be obtained from your carrier. This is a general dental practice staffed by general dentists. Based upon need and complexity of case, patients may be referred for specialty care. Payment for specialty care will be the responsibility of the patient. The LCHD/CHC has no affiliation with the referral site or providers.

Erie Family Health

- [Services – Erie Family Health Centers](#)
- 847-666-3494 to schedule appointments
- 2323 Grand, Waukegan IL 60085
- Programs and services are comprehensive and tailored to meet your needs and the needs of the people you love.
- Offer a full range of primary medical, dental and behavioral health services regardless of ability to pay or immigration status.
- Services range from school physicals and vaccinations to family planning and prenatal care, diabetes and hypertension management, substance use treatment and PrEP/HIV prevention services.
- Some health centers also offer specialized services such as HIV/AIDS care.

Avon Township

- 847-546-9409
- 433 E Washington St. Round Lake Park, IL 60073
- Open Mon-Fri 8:30 am – 4 pm
- A selection of medical equipment is available to township residents for free for 3 months with extensions available. ID required. Call for availability.

Ride Lake County

- [Ride Lake County | Lake County, IL](#)
- Ride Lake County is a borderless countywide paratransit service that **provides seniors age 60+ and people with disabilities transportation to any area of Lake County for work, shopping, medical appointments and more.** As a reservation-based program, vehicles do not travel on a fixed route each day.
- **Riders schedule their trips in advance** and the vehicles provide curb-to-curb service from the rider's desired pick-up and drop-off destinations. Ride Lake County is a shared-ride service, so vehicles may make stops for other passengers.

Shining Abilities

- <http://shiningabilities.org/>
- 300 North Milwaukee Avenue Lake Villa, IL 60046
- 224-372-5088
- info@shiningabilities.org
- Mon-Fri 9am-3pm
- Shining Abilities empowers adults with developmental disabilities to lead fulfilling, productive lives through educational programs, life skills training, wellness activities, and socialization.

Planned Parenthood

- <https://www.plannedparenthood.org/health-center/illinois/waukegan>
- (847) 672-2237
- 1601 N. Lewis Ave., Waukegan, IL. 60085
- Provides 1-year supply of free birth control (one-time service), as well as many other sex & pregnancy related services

Lake County Center for Independent Living

- <https://www.lccil.org/>
- 847-949-4440
- Email - info@LCCIL.org
- Not-for-profit **disability rights** organization existing to ensure all people with disabilities have the tools they need to live independently.

Aeroflow Urology

- <https://aeroflowurology.com/>
- (844) 276-5588
- Open M-F @8a-6p (EST)
- Provides free incontinence supplies through qualifying insurances
- Apply on website

Midwest Pharmacy Associates, LLC

- <https://mpaotc.com/login?ReturnUrl=%2F>
- (312) 690-4585
- Provides OTC medications for free through qualifying insurances (BlueCross Communities insurance is accepted, unsure about other insurances)
- Apply on website

DOMESTIC VIOLENCE

A Safe Place

- info@asafeplaceforhelp.org
- 24/7 crisis hotline (800) 600-SAFE (7233)
- (847) 731-7165
- Provides various types of free counseling services, crisis response services, housing, emergency shelter, court advocacy, family visitation center, MENToring program, community outreach & education, & domestic violence training

Prairie State Legal Services (PSLS)

- <https://pslegal.org/>
- (815) 965-2134
- Email - administration@pslegal.org
- Administrative Office: 303 N. Main St., Suite 600, Rockford, IL. 61101 – PSLS is statewide with an office in Waukegan
- PSLS does not charge clients for its services. In order to receive assistance from PSLS, however, clients must be financially eligible for services or eligible under the terms of a special project.
- Provides free legal assistance to survivors of domestic violence, as well as does work regarding Fair Housing, Low-Income Tax Clinic, & legal aid for Illinois Veterans & Military Members
- Apply by phone or website

National Domestic Violence Hotline

- <https://www.thehotline.org/>
- Call: (800) 799-SAFE (7233), or
- Text “START” 88788
- You can also ‘Chat’ live on their website

The Network- Illinois Domestic Violence Hotline

- <https://the-network.org/illinois-domestic-violence-hotline/>
- Call (877) 863-6338, or
- Text 877-TO END DV
- You can also submit questions you have, or ‘Chat’ live on their website

Lake County Haven

- <https://lakecountyhaven.org>
- Call 847-680-5408 if you are seeking help or shelter.
- To apply for the program, call 847-668-4304 or 847-680-5408 or complete the form on the website (click Contact Us, scroll down to the Are You Homeless/Looking for Help link (in pink) and click. Form is under the How to Apply to our Shelter Program heading.
- Lake County Haven helps homeless women and their children with a safe peaceful living environments, structured programs with case management and counseling and life skills support.

SafeLink Wireless

- <https://www.safelinkwireless.com/>
- (800) 378-1684
- Provides free government phone
- Apply on website

FINANCIAL ASSISTANCE

St. Vincent De Paul

- <https://princeofpeacelv.org/st-vincent-de-paul>
- (847) 356-7915
- 135 S. Milwaukee, Lake Villa, IL. 60046
- Provides various types of financial assistance such as for rent, utilities, & food

Community Action

- <https://www.caplakecounty.org/>
- (224) 412-8945
- 2424 Washington St. Waukegan, IL. 60085
- Open Mon.-Fri. @8am-5pm
- Provides education & assistance programs, as well as possible help with home energy bill payments (LIHEAP), rental/mortgage, employment training/placement, food, furnace, water/sewer payment, home weatherization, temporary shelter, & affordable housing

Salvation Army

- <https://www.salvationarmyusa.org/>
- (800) SAL-ARMY
- Provides financial assistance for utilities & housing

Social Security Disability Income (SSDI) & Social Security Income (SSI)

- <https://www.ssa.gov/disability>
- SSDI (Social Security Disability Insurance) is for those who have worked and paid into the Social Security system.
- SSI (Supplemental Security Income) is a needs-based program for individuals with limited income and resources, regardless of work history.
- Learn how to apply on website

TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF)

- <https://www.dhs.state.il.us/page.aspx?item=30358>
- The Temporary Assistance for Needy Families (TANF) program provides temporary financial assistance for pregnant women and families with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities, and expenses other than medical.
- Application information here: <https://www.dhs.state.il.us/page.aspx?item=33698>

MENTAL HEALTH and SUBSTANCE ABUSE

Lake County Health Department

- <https://www.lakecountyil.gov/689/Addictions-Treatment-Program-ATP> and
- www.lakecountyil.gov/684/Behavioral-Health-Services
- **24/7 Crisis Care Line: (847) 377-8088**
- (847) 377-8000
- 3010 Grand Ave. Waukegan, IL. 60085
- Provides various mental health & substance use resources including individual, group, and family counseling, case management, medical and psychiatric services, & peer support for children and adults

Lake County Health Department Assertive Community Treatment

- 847-377-4650
- Intense service to help those with high risk of frequent hospitalizations, jail or homelessness. Designed as a short time assistance

Lake County Health Department Drop In Centers for People with Serious Mental Health Issues

- (847) 984-5032

New Life Recovery Center

- 3002 Grand Avenue Waukegan, IL 60085
- M, W, F 8AM-4PM
- T, TH 8AM-7PM
- Saturday 8AM-2PM
- Sunday 8AM-12PM

New Hope Recovery Center

- 1022 27th Street Zion, IL 60099
- M, W, F 8:30AM-5PM
- T, TH 8:30AM-7PM
- Saturday 8AM-4PM
- Sunday 8AM-12PM

Lake County Health Department Libertyville Health Center (Outpatient Adult)

- 18698 Peterson Road | Libertyville, IL 60048
- 847-377-8855
- Monday & Wednesday 8 am - 5 pm | Tuesday & Thursday 8 am - 8 pm | Friday 8 am - 4:30 pm

NICASA Behavioral Health Services – Frontline Care Center

- <https://frontlinecarecenter.org/>
- **24/7 Crisis Line #: (847) 377-8088**
- Main Office #: (847) 201-7095
- Email - info@frontlinecarecenter.org
- 707 Railroad Ave. Round Lake, IL. 60073
- Open M-F @8a-8p, Sat. @8a-3p, & Sun. by appt.
- Provides various mental health services to First Responders, Veterans, Active Duty, Reservists, & their families

NICASA Behavioral Health Services

- <https://nicasa.org/>
- (847) 546-6450
- Email - info@nicasa.org
- 31979 N. Fish Lake Road | Round Lake, IL 60073
- Monday 8 am - 6 pm | Tuesday, Wednesday, and Thursday 8 am - 7 pm | Friday 8 am - 4 pm | Saturday 8 am - 1 pm
- A behavioral health and social service agency that serves the residents of Lake County. They provide services across education, prevention, harm reduction, early intervention, treatment, and recovery methods. All services, including but not limited to, substance use treatment, mental health and problem gambling counseling, in school prevention programming, Teen Court diversion, parent education classes, family advocacy, and a residential recovery halfway house for adults, are provided in both English and Spanish.

Lovell Federal Health Care – VA

- <https://www.va.gov/lovell-federal-health-care-va/>
- Provides mental health services for Veterans, their families & caregivers

Amita Health Alexian Center for Mental Health

- <https://healthcare.ascension.org/specialty-care/behavioral-mental-health/why-ascension/ilchi-chicago-il-mental-health-addictions>
- (847) 952-746
- 3436 North Kennicott Avenue Arlington Heights, IL 60004
- Ascension Illinois provides outpatient mental health services to all ages across Illinois. They provide psychiatric assessments, individual and group therapies, recovery support group programs, and vocational services. They also provide partial hospitalization programs that are 6 hours a day for 1 - 4 weeks.

NAMI In Lake County

- <https://namilake-il.org/>
- NAMI Help and Crisis Web Page: <https://www.nami.org/help#crisis>
- Crisis Text Line www.crisistextline.org
A volunteer-staffed text helpline for those in crisis. Text **START** to **741741**.
- 847- 249-1515(English)
- 224-818-6264 (Español)
- Email - NamiSupport@hotmail.com
- 414 North McAree Road | Waukegan Illinois 60085
- A nonprofit, self-help organization of families, friends, users of mental health services, and professionals. NAMI (National Alliance on Mental Illness) is dedicated to improving the quality of life for persons affected by neurobiological brain disorders (commonly known as mental illnesses).

CYN Counseling Center

- <https://cyngrayslake.org/>
- 847-548-6000
- Email: info@cyngrayslake.org
- 18460 W. Route 120 Grayslake, IL 60030
- CYN is a comprehensive, mental-health facility for all ages, providing expansive programming and specialties in Lake and McHenry Counties.
- The core of our mission has remained to preserve and strengthen families while protecting children from abusive or high-risk situations.
- Now, we are pleased to serve ALL members of our community, including our most vulnerable populations, with general and specialized support to meet our clients wherever they are in life.
- We provide a continuum of care that includes education and advocacy, crisis support, specialty and generalized intervention and treatment, case management, and evidenced-based mental wellness practice.

Allendale Association

- <https://allendale4kids.org/programs-services/>
- 847-356-2351
- P.O Box 1088 Grand Avenue & Field Drive Lake, Villa IL 60046
- Offers a therapeutic residential school program, therapeutic day school program, special education, a shelter and transitional adolescent resource program, community support services programs, foster care services, and counseling.

Josselyn Center and Family Service of Lake County

- <https://www.josselyn.org>
- 847-441-5600
- Locations in Grayslake, Highland Park, Northbrook, Northfield and Waukegan
- Offers a full range of quality, affordable, effective mental health services including therapy, psychiatry, case management, and employment support
- Under partnership with the Josselyn Center, FSLC provides counseling, senior and caregiver support, and educational and mentoring support to children and families.
- Their combined programming includes but is not limited to Latino youth services, Therapeutic summer day camp, Employment support, and Mental Health First Aid.

The Living Room Wellness Center of the Independence Center

- <https://icwaukegan.org/the-living-room>
- 847-360-1020
- Email - appointments@icwaukegan.org
- 730 Washington St. | Waukegan, IL 60085
- An alternative to the emergency room for guests with increased symptoms or near a crisis.
- A safe, comfortable, inviting environment where skilled Certified Recovery Support Specialists provide crisis intervention referrals and other needed services for guests experiencing a crisis.
- Eligibility: Any adult age 18 and over experiencing a crisis. Guests may leave at any point and there is no limit on the number of times they can visit. All services provided are free of charge regardless of area of residency

Youth and Family Counseling

- www.counselingforall.org
- (847) 367-5991
- Multiple locations
 - 1113 S. Milwaukee Avenue #104 Libertyville, IL
 - 5202 Washington Street, Suite 2-F Gurnee IL 60031 (Saratoga Square mall)
 - 2 E Rollins Road #203 Round Lake Beach, IL 60073
- Youth & Family Counseling is a nonprofit organization dedicated to filling an unmet need for affordable mental health services in the diverse Lake County community.
- Counseling is available in-person in our office and through teletherapy. For teletherapy sessions, we use a HIPAA-compliant video conferencing technology to ensure your privacy, so you can have one-on-one sessions with your therapist from home or another remote location.

- If depression, anxiety, lack of motivation, feelings of brain fog, being quick to anger or sadness, or any other behavioral signs are affecting your or a family member's ability to thrive, we can help. Our staff are both qualified and caring – not to mention, highly trained in partnering with you on your healing journey.

SAMHSA - Substance Abuse and Mental Health Services Administration

- <https://www.samhsa.gov/find-help>
- Directories and hotlines for multiple drug abuse and mental health issues including suicide crisis line
- <https://988lifeline.org/> - suicide crisis line

Illinois Mental Health Collaborative for Access and Choice

- <https://www.illinoismentalhealthcollaborative.com>
- Warm Line number: (866) 359-7953
- IL Warm Line hours: Monday to Saturday 8 am - 8 pm
- The warm line is an opportunity for anyone ages 12 and up to receive support by phone by wellness support specialist (professionals who have experienced recovery in their own lives)
- Email - IllinoisPCI@beaconhealthoptions.com
- Hours of Service: Monday to Friday 8 am - 5 pm |
- An administrative services organization devoted to the recovery and resilience of children and adults with mental illnesses. This organization is committed to making it easier for people in need of mental health services to get the right care, at the right time, and in the right amount.

One Hope United

- <https://onehopeunited.org/>
- (312) 922-6733
- 333 S. Wabash Ave., Suite 2750, Chicago, IL. 60604
- Provides childcare, foster care/adoption, family & youth support, mental health services, residential care, & crisis response services

Family First Center of Lake County <https://familyfirstcenter.org/>

- (224) 421-0948
- Email - info@familyfirstcenter.org
- 2504 Washington St., Suite 603, Waukegan, IL. 60085
- Provides following programs: Unity in the Community, **mental health services**, case management, youth programming, field trips, community health workers, Seniors on the Move, Toys for Tots, & **behavioral health clinic**

Thresholds

- <https://www.thresholds.org/>
- 773-572-5400
- thresholds@thresholds.org
- Administrative Office - 4101 N. Ravenswood Ave. Chicago, IL 60613
- Provides healthcare, housing, and hope for persons with serious mental illnesses and substance use disorder in Chicago, adjacent suburbs, and four surrounding counties. Services include assertive outreach, case management, housing, employment, education, psychiatry, primary care, substance use treatment, and research.

Specialized Mental Health Rehabilitation Facilities

- <https://mentalhealthillinois.com/residential/>

TRANSPORTATION

Lake County Transit and Paratransit

- [Transit & Paratransit | Lake County, IL](#)
- In Lake County, there are various modes of public transportation, including Ride Lake County for seniors and residents with mobility limitations, Metra rail and Pace buses, with additional options from local jurisdictions, taxi services and more.

Ride Lake County

- [Ride Lake County | Lake County, IL](#)
- Ride Lake County is a borderless countywide paratransit service that **provides seniors age 60+ and people with disabilities transportation to any area of Lake County for work, shopping, medical appointments and more.** As a reservation-based program, vehicles do not travel on a fixed route each day.
- **Riders schedule their trips in advance** and the vehicles provide curb-to-curb service from the rider's desired pick-up and drop-off destinations. Ride Lake County is a shared-ride service, so vehicles may make stops for other passengers.

American Cancer Society

- <https://www.cancer.org/>
- The American Cancer Society Road To Recovery® program eases your burden by giving free rides to cancer-related medical appointments. Our trained volunteer drivers are happy to pick you up, take you to your appointment, and drop you off at home. All for free and all to make your days a little easier. Not having a ride shouldn't stand between you and lifesaving treatment. **It can take several business days to coordinate your ride, so please call us at 1-800-227-2345 well in advance of your appointment date.**

Antioch Area Healthcare Accessibility Alliance

- <https://www.aahaa4health.org/>
- 817 Holbek Drive Antioch, IL 60002 847-395-2809
- AAHAA offers the **residents of Antioch, Lake Villa, Grant, and Avon Townships** easy access to vital health resources such as medical referrals, medical education and advocacy, assistance arranging medical appointments, and then **the transportation to get to those appointments.** We provide trusted, one-on-one counseling and application assistance for critical government health insurance and benefit programs. We offer easy direct access to our nursing guidance and a wealth of community resources to improve our residents' health.

Elder CARE Lake County

- info@eldercarelakecounty.org
- (847) 406-4683
- 410 Grand Avenue Waukegan, IL 60085
- ElderCARE's mission is to improve seniors' well-being by providing free services, such as medical transports, grocery shopping, companionship and technology assistance.
- ElderCARE's work is supported by a team of dedicated volunteers who provide these free services to low-income older adults in Lake County.
- ElderCARE is the only free transportation service available for medical transportation to older adults in Lake County

Willow Creek Community Church- C.A.R.S. Ministries

- <https://www.willowcreek.org/compassion-justice/local-outreach-opportunities-old/cars-ministry>
- Email - cars@willowcreek.org
- 67 Algonquin Rd., South Barrington, IL. 60010
- Aids with car inspections, repair services, & refurbished/donated vehicles
- Apply on website

SENIOR SERVICES

Senior Service Coalition of Lake County

- <https://www.lakecountyseniorcoalition.org/links-and-resources/>
- The Senior Service Coalition of Lake County represents agencies, senior centers, service providers and legislators who are working at the local, state and federal levels to improve the quality of life for older adults in Northern Illinois.
- The site provides links to various Senior Services.

Elder CARE Lake County

- info@eldercarelakecounty.org
- (847) 406-4683
- 410 Grand Avenue Waukegan, IL 60085
- ElderCARE's mission is to improve seniors' well-being by providing free services, such as medical transports, grocery shopping, companionship and technology assistance.
- ElderCARE's work is supported by a team of dedicated volunteers who provide these free services to low-income older adults in Lake County.
- ElderCARE is the only free transportation service available for medical transportation to older adults in Lake County

Illinois Department on Aging

- [Family and Caregiver Services](#)
- The Illinois Department on Aging serves and advocates for older Illinoisans and their caregivers.
- Site includes resources for low income seniors, senior centers in Lake County ([seniorcenters.pdf](#) - see the PSA2 section, scroll down to Lake County), nutrition programs, caregiver resources, housing resources and other services.
- Site requires some clicking through to get to specific resources.

Ride Lake County

- [Ride Lake County | Lake County, IL](#)
- Ride Lake County is a borderless countywide paratransit service that provides seniors age 60+ and people with disabilities transportation to any area of Lake County for work, shopping, medical appointments and more.
- As a reservation-based program, vehicles do not travel on a fixed route each day. **Riders schedule their trips in advance** and the vehicles provide curb-to-curb service from the rider's desired pick-up and drop-off destinations.
- Ride Lake County is a shared-ride service, so vehicles may make stops for other passengers.

Keeping Families Covered

- <https://keepingfamiliescovered.org/places/waukegan/>
- 412 S Lewis Ave Waukegan, IL 60085
- (224) 637-1644
- Provides diapers, period supplies, & incontinence products
- Also has mobile pantry days
- Apply on website

Aeroflow Urology

- <https://aeroflowurology.com/>
- (844) 276-5588
- Open M-F @8a-6p (EST)
- Provides free incontinence supplies through qualifying insurances
- Apply on website

Midwest Pharmacy Associates, LLC

- <https://mpaotc.com/login?ReturnUrl=%2F>
- (312) 690-4585
- Provides OTC medications for free through qualifying insurances (BlueCross Communities insurance is accepted, unsure about other insurances)
- Apply on website

SafeLink Wireless

- <https://www.safelinkwireless.com/>
- (800) 378-1684
- Provides free government phone
- Apply on website

IMMIGRATION RESOURCES

Illinois Coalition for Immigrant and Refugee Rights

- [Illinois Coalition for Immigrant and Refugee Rights](#)
- **1-855-435-7693**
- ICIRR is dedicated to promoting the rights of immigrants and refugees to full and equal participation in the civic, cultural, social, and political life of our diverse society and provides a variety of services to immigrants and refugees.
- The hotline call options are:
 1. Report ICE activity
 2. Deportation Defense: if you or a loved one is in removal proceedings and you need assistance locating them or connecting with an immigration legal provider
 3. Referral to an immigration legal provider about DACA, Naturalization, Adjustment of Status or other Immigration legal matters that do not include removal proceedings
 4. Deferred Action for Childhood Arrivals (DACA) Resources
 5. Healthcare resources for immigrants and refugees
 6. Our Immigrant Family Resource Program partner for interpretation/ translation assistance, assistance with applying for public benefits, and more
 7. Assistance with workplace rights, issues, or safety for immigrants
 8. Report Trust Act Violations

Mano a Mano

- mamfrc.org
- (847) 201-1521
- Two locations - Round Lake Office 6 E. Main Street Round Lake Park IL 60073 and North Chicago Office 1801 Sheridan Rd Suite #101 North Chicago IL 60064
- Mano a Mano offers a variety of resources and services, including health resources, educational classes and workshops, and immigration legal services. Its focus is on helping the hardest-to-reach and most vulnerable families and individuals in the community.

Center For Immigrant Progress

- <https://ciplakecounty.org/>
- 630-707-0898
- Email: info@ciplakecounty.org
- 2424 Washington St. Suite 210 Waukegan, Illinois
- Open Monday through Friday, 9 am to 5 pm
- CIP provides free, high-quality immigration legal services and equips communities with knowledge through workshops, outreach, and peer education.
- CIP helps families prepare for emergencies with plans and protections.

Online Detainee Locator System

- locator.ice.gov/odls
- Locate individuals detained by ICE or CBP.

Illinois Immigration Info

- illinoisimmigrationinfo.org
- Check this page to find low or no cost legal help.
<https://www.illinoisimmigrationinfo.org/legal#representation>
- Illinois has a robust network of legal service providers ready to assist immigrants with a range of legal needs, from legal representation if you or a loved one is facing deportation to immigration relief workshops and legal consultations to ensure you and your family has what they need to stay protected.
- Many services are available at no cost through the Illinois Access to Justice program.

Waukegan Public Library

- 847-623-2041 ext. 238
- Citizenship study materials, legal aid info, and notary services.

Waukegan Public Schools

- wps60.org
- Recorded informational live streams on family preparedness and community resources.

KA Immigration Law Attorneys

- <https://www.kaimmigrationlaw.com/services>
- A section of the website includes a way to request a free deportation preparedness and family safety plan form you can complete for your own family.
<https://www.kaimmigrationlaw.com/safetyplan>
- Provides immigration services for individuals and businesses. Fee for service.

Free notary services are offered by local libraries and township offices.

LGBTQ+ RESOURCES

LGBTQ+ Center Lake County

- 10 N. Lake St, Unit 103 Grayslake, IL 60030, 847-975-3561, email info@lgbtqlc.com,
- Whether it's navigating your child coming out or it's a family member, co-worker, friend, or even yourself, we are here to help guide you with answers and support. Our staff and volunteers can help by offering learning resources and opportunities to connect with others who have undertaken this journey before or maybe are at the same place you are. We offer activities, groups and events hosted by queer people, for queer people to help everyone find their community and develop a stronger sense of inclusion and belonging.

FLOQ Adult Support Group

- lgbtqlc.com
- 847-975-3561
- info@lgbtqlc.com
- 10 N Lake St Suite 103, Grayslake, IL 60030
- Peer led support group for adults (18+) to support each other, share resources, and offer encouragement

PFLAG Grayslake/Round Lake

- <https://pflaggrayslake.org>
- 10 N Lake St Suite 103, Grayslake, IL 60030
- Nationally, PFLAG is the first and largest organization dedicated to supporting, educating, and advocating for LGBTQ+ people and their families
- Meetings are on the second and fourth Wednesdays of every month @ 6:30 PM

Lake County Gender Health Services

- <https://www.lakecountyil.gov/4603/Gender-Health-Services>
- (847) 377-8450
- 2400 Belvidere Road | Waukegan, Illinois
- Lake County Government
- Provides hormone replacement therapy, gender affirming surgery information, a support group and other health and transition related resources to gender diverse individuals in Lake County, no matter of history or current situation.

The Trevor Project

- <https://www.thetrevorproject.org/>
- Call the LGBTQ+ Crisis/Suicide helpline: +1 (866) 488-7386
- Text the LGBTQ+ Crisis/Suicide helpline: 678-678
- Has a 24/7 helpline with counselors to provide confidential mental health help for LGBTQ+ people in need of immediate support or guidance. The website also has informational resources on identities and other mental health resources.

Lurie Children's Gender Development Program

- <https://www.luriechildrens.org/en/specialties-conditions/gender-development-program/>
- For New Patients: [1.800.543.7362](tel:18005437362) (1.800.KIDS DOC)
- Lurie Children's Hospital Outpatient Center at 1440 N. Dayton St., Chicago
- Ann & Robert H. Lurie Children's Hospital of Chicago at 225 E. Chicago Ave., Chicago
- Lurie Children's Hospital Outpatient Center in Westchester at the Surgery Treatment Center on 2301 Enterprise Dr., Westchester.
- The Lurie Children's Gender Development Program provides support to youth who are gender expansive/non conforming, gender-questioning, and are trans/nonbinary/genderfluid. Patients may start care up to age 22 and continue until they turn 25. Care includes mental health/behavioral support, gender transition services, and ongoing consultation with both youth and their families on their needs.

HOUSING AND SHELTER

A Safe Place

- info@asafeplaceforhelp.org
- 24/7 crisis hotline (800) 600-SAFE (7233)
- (847) 731-7165
- Provides various types of free counseling services, crisis response services, housing, emergency shelter, court advocacy, family visitation center, MENtoring program, community outreach & education, & domestic violence training

Community Partners for Affordable Housing (CPAH)

- <http://www.cpahousing.org/rental-housing/rental-programs/> (847) 796-8060
cpahinfo@cpahousing.org
- 800 S. Milwaukee Ave., Suite 201, Libertyville
- Community Partners for Affordable Housing has multiple resources for renting and maintaining a place to live.
- The group provides many affordable housing rental programs for low income families and individuals based on income eligibility.
- CPAH also has support for home buying such as counseling, education, and down payment assistance.
- For maintaining a home, CPAH has resources and counseling on foreclosure and eviction prevention and small grants for home repair costs. The grants are based on income eligibility.

Lake County Housing Authority

- <https://www.lakecountyha.org/>
- (847) 223-1170
- 33928 N. Route 45 Grayslake, IL
- Lake County Housing Authority has public housing for people 55+ who also have a disability and runs the Lake County Section 8 Housing Choice Voucher program.
- The Section 8 Housing Programs allows eligible people to use 30% of their income on paying for rent with the rest covered by the program for a property of their choice with fair market rent.
- People who have a housing choice voucher or live in public housing are eligible for voluntary programs individualized to develop self-sufficiency from services.
- Lake County Housing Authority also has HUD Certified Housing Counseling on a variety of topics available to all Lake County residents for free.

PADS Lake County:

- Intake Help Contact: help@padslakecounty.org
- 847-689-4357
- Email: info@padslackcounty.org
- Location: 1800 Grand Ave, Waukegan IL, 60085
- Community-based organization that provides trauma-informed support, resources, and shelter to individuals and families experiencing a housing crisis.

Habitat for Humanity

- <https://www.habitat.org/il/gurnee/lake-mchenry-habitat-humanity>
- (847) 623-1020
- Email - info@habitatlc.org
- 1425 Tri State Parkway, Suite 110 Gurnee IL 60030
- Habitat for Humanity is a nonprofit housing organization working in local communities across all 50 states and in more than 70 countries around the world. Habitat's vision is of a world where everyone has a decent place to live.
- Habitat works toward this vision by building and improving homes in partnership with individuals and families in need of a decent and affordable place to live.

Home of the Sparrow

- <https://hosparrow.org/our-services/>
- Multiple housing programs from emergency shelter, transitional housing, and assistance with permanent housing. MUST be willing to relocate to McHenry County.

U.S. Department of Housing & Urban Development- Federal Housing Authority (FHA)

- <https://www.hud.gov/helping-americans/avoiding-foreclosure>
- Aids with avoiding foreclosure
- Contacts are on website

LEGAL SERVICES

North Suburban Legal Aid Clinic

- <https://nslegalaid.org>
- [\(847\) 737-4042](tel:8477374042)
- fax: (847) 957-4788
- email info@nslegalaid.org
- 3500 Western Avenue Suite 2A Highland Park, IL 60035
- We provide accessible, quality, equitable, [free legal services](#) in the areas of domestic violence, housing, and immigration to give low-income, at-risk community members access to justice and the opportunity to live productive and secure lives.
- NSLAC offers **free legal services** to residents of **Lake County** and **north suburban Cook County**. To qualify, clients must meet the following criteria: Live within our service area. Have a household income less than 250% of the federal poverty level (approximately \$78,000 for a family of four). ***There are no income requirements for victims of domestic violence.***

Prairie State Legal Services

- <https://pslegal.org/>
- [\(815\) 965-2134](tel:8159652134)
- PSLS is statewide with an office in Waukegan
- PSLS does not charge clients for its services. In order to receive assistance from PSLS, however, clients must be financially eligible for services or eligible under the terms of a special project.
- Legal services include but not limited to domestic abuse and family law, housing, and assistance with applying for aid programs

Illinois Immigration Info

- illinoisimmigrationinfo.org
- Check this page to find low or no cost legal help.
<https://www.illinoisimmigrationinfo.org/legal#representation>
- Illinois has a robust network of legal service providers ready to assist immigrants with a range of legal needs, from legal representation if you or a loved one is facing deportation to immigration relief workshops and legal consultations to ensure you and your family has what they need to stay protected. Many services are available at no cost through the Illinois Access to Justice program.

Free notary services are offered by public libraries and township offices.

CANCER AND OTHER HEALTH ISSUE SUPPORT SERVICES

Cancer Wellness Center

- <https://www.cancerwellness.org>
- 847-509-9595
- 215 Revere Dr. Northbrook, IL 60062
- The Cancer Wellness Center works to provide the best support from diagnosis, in-treatment and through post-treatment. We touch on nearly every aspect of living and help nurture the mind and body with programs in education, exercise, stress relief, healthy eating, and meaningful discussions.
- **Programs are free for anyone impacted by cancer, including those with a diagnosis, family members, and those who have lost a loved one to cancer.**

American Cancer Society

- <https://www.cancer.org/>
- The American Cancer Society Road To Recovery® program eases your burden by giving free rides to cancer-related medical appointments. Our trained volunteer drivers are happy to pick you up, take you to your appointment, and drop you off at home. All for free and all to make your days a little easier. Not having a ride shouldn't stand between you and lifesaving treatment. **It can take several business days to coordinate your ride, so please call us at 1-800-227-2345 well in advance of your appointment date.**
- Other support services include lodging when travelling from home for treatment, support groups and smoking cessation.

Antioch Area Healthcare Accessibility Alliance

- <https://www.aahaa4health.org/>
- 817 Holbek Drive Antioch, IL 60002 847-395-2809
- AAHAA offers the **residents of Antioch, Lake Villa, Grant, and Avon Townships** easy access to vital health resources such as medical referrals, medical education and advocacy, assistance arranging medical appointments, and then the transportation to get to those appointments. We provide trusted, one-on-one counseling and application assistance for critical government health insurance and benefit programs. We offer easy direct access to our nursing guidance and a wealth of community resources to improve our residents' health.

GRIEF COUNSELING

Willow House – Children, Family and Community Grief Support

- <https://willowhouse.org/>
- (847) 236-9300, email info@willowhouse.org
- Willow House provides grief support and education for youth, families, schools and other communities grieving the death of a parent, sibling, or child. Our **free services** are where hope lives and healing begins, providing space for people to grieve in companionship with others who share a similar loss. Our vision is that no child, teen or parent grieves alone.
- Support groups meet in Arlington Heights, Bannockburn, Libertyville, Round Lake Park and virtually.

VETERANS

Midwest Veterans Closet

- <http://www.midwestveteranscloset.org/>
- 1720 Green Bay Road North Chicago, IL 60064
- Mailing address: PO Box 278 Wadsworth, IL 60083
- 847-354-2108 email Mary.Carmody@MidwestVeteransCloset.org
- Shopping hours: Monday, Wednesday, Friday 11 am to 3 pm
- For active duty, veterans, and their families – Military ID needed to register

Lovell Federal Health Care – VA

- <https://www.va.gov/lovell-federal-health-care-va/>
- Provides health services for Veterans, their families & caregivers

OTHER

Salvation Army- Paper Pantry

- <https://centralusa.salvationarmy.org/waukegan/>
- (847) 336-1880
- 850 S. Green Bay Rd., Waukegan, IL.
- 1st Fri. of every month @9am-12pm
- Sign-up is posted toward the end of every month for the incoming month on their Facebook page
- Provides free hygiene products, vitamins, food, & other items as available

SafeLink Wireless

- <https://www.safelinkwireless.com/>
- (800) 378-1684
- Provides free government phone
- Apply on website

Willow Creek Community Church- C.A.R.S. Ministries

- <https://www.willowcreek.org/compassion-justice/local-outreach-opportunities-old/cars-ministry>
- Email - cars@willowcreek.org
- 67 Algonquin Rd., South Barrington, IL. 60010
- Aids with car inspections, repair services, & refurbished/donated vehicles
- Apply on website

Goodwill Talent Bridge Employment Agency

- <https://www.goodwillgreatermc.org/find-a-job/recruiting-services>
- Goodwill TalentBridge is a recruiting agency that is dedicated to more than simply helping you find a job. Our recruiters guide you throughout your search. We connect you to jobs in Wisconsin and Illinois. Our connections to employers looking for talent in education, healthcare, manufacturing and other industries who believe in building strong communities can help you expand upon your transferable skills.
- Our recruiters help you find a meaningful career that matches your skills, aspirations and potential. Whether you're just starting your career or seeking new opportunities to grow and advance, we're here to support you every step of the way.

***** 211 Illinois / Lake County #- (855) 677-5253 / For any other resources/information in your area: <https://211illinois.org/> *****